



REST ASSURED

If you or your loved one suffers from sleep apnea or a sleep-related disorder, the Del Sol Sleep Disorders Center can help.

We provide the latest in technology operated by board-certified sleep physicians and well-trained staff in a caring and friendly environment.

Home Sleep Testing (HST) is also available to assist in diagnosing sleep apnea in the comfort of your home. Ask your healthcare provider or sleep physician if HST is right for you.

Other common sleep disorders include:

- Sleep-pattern Problems
- Narcolepsy
- Sleep apnea and snoring
- Breathing problems
- Nocturnal myoclonus
- Nightmares and night terrors
- Insomnia

For more information or to schedule an appointment, please call **594.5882**.

Del Sol Sleep Disorders Center
10460 Vista Del Sol, Suite 202
El Paso, Texas 79925

Monday-Friday, 8 a.m.-4 p.m.



A Department of Las Palmas Del Sol Healthcare

