

EPISD

Food & Nutrition Services

HVAC Middle School & High School
Calendar Menu

Menus subject to change based on availability of menu items.

Breakfast:
\$1.35 Paid
\$0.30 Reduced
Lunch
\$2.10 Elementary
\$2.40 MSHS
\$0.40 Reduced

Lunch Menu

Fresh fruit and milk served daily for lunch

Week 1

Monday

Tuesday

Wednesday

Thursday

Friday

Campus Favorite

Beef Fingers w/ Roll

Hot Dog

Deli Sandwich

Spicy Chicken Sandwich

Chicken Nuggets

Hot/Fresh Veggies

Carrot & Celery Dippers
French Fries

Carrot & Cucumber Dippers
Bean & Cheese Bowl

Carrots & Broccoli Dippers
Chips

Carrots & Cucumber Dippers
Chips

Carrots & Broccoli Dippers/Chips

Week 2

Monday

Tuesday

Wednesday

Thursday

Friday

Campus Favorite

Chicken Sandwich

Picadillo Burrito

Corn Dog

Pulled Pork Sandwich

Large Croissantwich

Hot/Fresh Veggies

Carrots & Celery Dippers
French Fries

Carrots & Cucumbers Dippers
Bean & Cheese Bowl

Carrots & Broccoli Dippers
Chips

Carrots & Cucumber Dippers
Chips

Carrots & Broccoli Dippers

Week 3

Monday

Tuesday

Wednesday

Thursday

Friday

Campus Favorite

General Tso. Chicken

Large Uncrustable w/Cheese Stick
VIP Deli Turkey

Bean & Cheese Pupusas

Chicken Sandwich

Hot Dog

Hot/Fresh Veggies

Carrots & Celery Dippers
Stir Fry Vegetables
French Fries

Carrots & Cucumber Dippers

Carrots & Broccoli Dippers

Carrots & Cucumber Dippers
Chips

Carrots & Broccoli Dippers
Bean & Cheese Bowl

Week 4

Monday

Tuesday

Wednesday

Thursday

Friday

Campus Favorite

Veggie Power Bowl

Deli Sandwich

Picadillo Burrito

Large Uncrustable w/Cheese Stick

Chicken Sandwich

Hot/Fresh Veggies

Carrots & Celery Dippers

Carrots & Cucumber Dippers
Chips

Carrots & Broccoli Dippers
Bean & Cheese Bowl

Carrots & Cucumber Dippers
French Fries

Carrots & Broccoli Dippers
Chips

Breakfast Menu

Served Daily: Milk, Fresh Fruit, Juice

Monday

Tuesday

Wednesday

Thursday

Friday

Week 1

Cereal/
Pancakes &
Sausage
Sandwich

Cereal/Bean &
Cheese Burrito

Cereal/Yogurt
Parfait

Cereal/Egg &
Chorizo Burrito

Cereal/
Strawboli

Week 2

Cereal/French
Toast

Cereal/
Croissantwich

Cereal/Yogurt
Parfait

Cereal/Bean &
Cheese Burrito

Cereal/Potato
Burrito

Week 3

Cereal/Bean &
Cheese Burrito

Cereal/
Pancakes &
Sausage Sandwich

Cereal/Yogurt
Parfait

Cereal/Egg &
Cheese Burrito

Cereal/French
Toast

Week 4

Cereal/
Croissantwich

Cereal/PB & J
Sandwich

Cereal/Potato
Burrito

Cereal/Sausage
Kolache

Cereal/Egg &
Chorizo Burrito

Menus Subject to Changes

August					Week
M	T	W	T	F	
	1	2	3	4	
7	8	9	10	11	1
14	15	16	17	18	2
21	22	23	24	25	3
28	29	30	31		4

September					Week
M	T	W	T	F	
				1	4
5	5	6	7	8	1
12	12	13	14	15	2
19	19	20	21	22	3
26	26	27	28	29	4

October					Week
M	T	W	T	F	
2	3	4	5	6	--
9	10	11	12	13	--
16	17	18	19	20	1
23	24	25	26	27	2
30	31				3

November					Week
M	T	W	T	F	
		1	2	3	3
6	7	8	9	10	4
13	14	15	16	17	1
20	21	22	23	24	--
27	28	29	30		2

December					Week
M	T	W	T	F	
				1	2
4	5	6	7	8	3
11	12	13	14	15	4
18	19	20	21	22	1
25	26	27	28	29	--

January					Week
M	T	W	T	F	
1	2	3	4	5	--
8	9	10	11	12	2
15	16	17	18	19	3
22	23	24	25	26	4
29	30	31			1

February					Week
M	T	W	T	F	
			1	2	1
5	6	7	8	9	2
12	13	14	15	16	3
19	20	21	22	23	4
26	27	28	29		1

March					Week
M	T	W	T	F	
				1	1
4	5	6	7	8	--
11	12	13	14	15	--
18	19	20	21	22	2
25	26	27	28	29	3

April					Week
M	T	W	T	F	
1	2	3	4	5	4
8	9	10	11	12	1
15	16	17	18	19	2
22	23	24	25	26	3
29	30				4

May					Week
M	T	W	T	F	
		1	2	3	4
6	7	8	9	10	1
13	14	15	16	17	2
20	21	22	23	24	3
27	28	29	30	31	4

June					Week
M	T	W	T	F	
3	4	5	6	7	1
10	11	12	13	14	2
17	18	19	20	21	--
24	25	26	27	28	--