

# EPISD

## Food & Nutrition Services

### Elementary School Breakfast Room Service Calendar Menu

Breakfast:  
\$1.35 Paid  
\$0.00 Reduced  
Lunch:  
\$2.10 Elementary  
\$2.40 MSHS  
\$.40 Reduced

Breakfast Menu					
Served Daily: Milk, Cold Cereal, Oatmeal Juice, and Fresh Fruit					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Breakfast Cereal	Bean Burrito	Cherry Muffin	Hawaiian Sausage	French Toast Sticks
WEEK 2	Strawberry Uncrustable	Pancake & Sausage Sandwich	Cereal	Fruity Pancakes	Waffles
WEEK 3	Breakfast Cereal	Bean & Cheese Pupusas	Coffee Cake	Croissantwich	French Toast
WEEK 4	Cinnamon Roll	Pancake & Sausage Sandwich	Cereal	Breakfast Pizza	Drinkable Yogurt w/ Strawberry Graham Cracker

## Lunch Menu

Served Daily: Fresh Fruit and Milk

Menus subject to change based on availability of menu items.

WEEK 1					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN ENTREE	Save the Planet Pizza Buttery Corn Mixed Green Salad	Steakburger Savory Fries Carrots & Celery Dippers	Aloha BBQ Drumstick Whole Wheat Roll Mashed Potatoes w/gravy Ranchero Beans	Chicken Nuggets Whole Wheat Roll Mashed Potatoes Carrots w/ Assorted Veggies	Tostada Dippers Mexican Rice Carrots & Celery Dippers
THE DELI	Peanut Butter & Jelly Sandwich	Munchangles	Uncrustable Graham Crackers	Peanut Butter & Jelly Sandwich	Turkey & Cheese Sandwich
SALADS	Asian Veggie Nugget Salad	Crispy Chicken Salad	Asian Chicken Salad	Chicken Caesar Salad	Tuna or Fajita Salad
WEEK 2					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN ENTREE	Veggie Nuggets Whole Wheat Roll Juicy Corn Carrots w/ Assorted Veggies	Noodles & Dumplings California Blend Carrots & Celery Dippers	Hot Dogs Ranch Beans Carrots & Cucumber Dippers	ChickenTenders Whole Wheat Roll Mashed Potatoes Zucchini Spears	Pizza Eat Smart Box Green Beans Fresh Broccoli w/Cherry Tomatoes
THE DELI	Peanut Butter & Jelly Sandwich	Munchangles	Turkey & Cheese Sandwich	Peanut Butter Eat Smart Box	Uncrustable Graham Crackers
SALADS	Veggie Nugget Salad	Crispy Chicken Salad	Asian Chicken Salad	Chicken Caesar Salad	Tuna or Fajita Salad
WEEK 3					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN ENTREE	Bean Tapatias Mexican Rice Fiesta Corn	Crispy Chicken Sandwich Savory Fries Carrots & Cucumber Dippers	Pepperoni Pizza Orange Delight Carrot Coins Mixed Green Salad	Mac N' Cheese Bowl Broccoli Carrots w/ Assorted Veggies	Carne Asada Fries Refried Beans Carrots & Cucumber Dippers
THE DELI	Uncrustable Graham Crackers	Turkey & Cheese Sandwich	Peanut Butter EatSmart Box	Peanut Butter & Jelly Sandwich	Turkey & Cheese Sandwich
SALADS	Veggie Nugget Salad	Southwest Chicken Salad	Asian Chicken Salad	Crispy Chicken Salad	Tuna or Fajita Salad
WEEK 4					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN ENTREE	Save the Planet Burger Juicy Corn Carrots & Cucumber Dippers	Beef Tacos Mexican Rice Refried Beans	Orange Chicken Brown Rice Stir Fry Veggies Carrots & Jicama Dippers	Spaghetti w/ Meat Sauce Garlic Knot Broccoli & Cheese Mixed Green Salad	Fish Nuggets Mac & Cheese California Blend Carrots & Celery Dippers
THE DELI	Peanut Butter & Jelly Sandwich	Uncrustable Graham Crackers	Peanut Butter EatSmart Box	Munchangles	Pizza EatSmart Box
SALADS	Veggie Nugget Salad	Crispy Chicken Salad	Asian Chicken Salad	Chicken Caesar Salad	Tuna or Fajita Salad

Menus Subject to Changes					
August					
M	T	W	T	F	Week
	1	2	3	4	--
7	8	9	10	11	1
14	15	16	17	18	2
21	22	23	24	25	3
28	29	30	31		4
September					
M	T	W	T	F	Week
				1	4
4	5	6	7	8	1
11	12	13	14	15	2
18	19	20	21	22	3
25	26	27	28	29	4
October					
M	T	W	T	F	Week
2	3	4	5	6	--
9	10	11	12	13	--
16	17	18	19	20	1
23	24	25	26	27	2
30	31				3
November					
M	T	W	T	F	Week
		1	2	3	3
6	7	8	9	10	4
13	14	15	16	17	1
20	21	22	23	24	--
27	28	29	30		2
December					
M	T	W	T	F	Week
				1	2
4	5	6	7	8	3
11	12	13	14	15	4
18	19	20	21	22	1
25	26	27	28	29	--
January					
M	T	W	T	F	Week
1	2	3	4	5	--
8	9	10	11	12	2
15	16	17	18	19	3
22	23	24	25	26	4
29	30	31			1
February					
M	T	W	T	F	Week
			1	2	1
5	6	7	8	9	2
12	13	14	15	16	3
19	20	21	22	23	4
26	27	28	29		1
March					
M	T	W	T	F	Week
				1	1
4	5	6	7	8	--
11	12	13	14	15	--
18	19	20	21	22	2
25	26	27	28	29	3
April					
M	T	W	T	F	Week
1	2	3	4	5	4
8	9	10	11	12	1
15	16	17	18	19	2
22	23	24	25	26	3
29	30				4
May					
M	T	W	T	F	Week
		1	2	3	4
6	7	8	9	10	1
13	14	15	16	17	2
20	21	22	23	24	3
27	28	29	30	31	4
June					
M	T	W	T	F	Week
					1
3	4	5	6	7	
10	11	12	13	14	
17	18	19	20	21	
24	25	26	27	28	

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