

EPISD

Food & Nutrition Services

Middle School Breakfast Room Service Calendar Menu

Salad Schedule

Monday: Chef Salad
 Tuesday: Crispy Chicken Salad
 Wednesday: Tuna or Chicken Fajita Salad
 Thursday: Crispy Chicken Salad
 Friday: Tuna Salad

Meal Prices	Lunch	Breakfast
Elementary	\$2.10	\$1.35
Secondary	\$2.40	\$1.35
Reduced Price	\$0.40	\$0.30
Adult	A la carte	A la carte

Students enrolled at CEP schools receive free breakfast and lunch.

Breakfast Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Breakfast Cereal Fresh Fruit	Bean Burritos Fresh Fruit	Sunrise Sausage Roll Fresh Fruit	Breakfast Pizza Fresh Fruit	Croissantw/ich Mixed Berry Applesauce
Week 2	Breakfast Cereal Fresh Fruit	Hawaiian Sausage Fresh Fruit	Apple Chia Bar Fresh Fruit	Strawberry Uncrustables Fresh Fruit	Mini Waffles Peach Mango Applesauce
Week 3	Breakfast Cereal Fresh Fruit	French Toast Fresh Fruit	Bean Burritos Fresh Fruit	Croissantw/ich Fresh Fruit	Breakfast Pizza Mixed Berry Applesauce
Week 4	Breakfast Cereal Fresh Fruit	Strawberry Uncrustables Fresh Fruit	Breakfast Chicken Sandwich Fresh Fruit	Fruit Pancakes Fresh Fruit	Mini Waffles Peach Mango Applesauce

Lunch Menu

Fresh fruit and milk served daily for lunch

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Campus Favorite	Chicken Nuggets Mashed Potatoes	Beef Tacos Mexican Rice Shredded Lettuce & Diced Tomatoes	Baked or BBQ Chicken Mashed Potatoes	General Tso Chicken Brown Rice Stir Fry Veggies	Chili Bowl w/ Brown Rice
Fruits & Vegetables	Ranchero Beans Carrot/Cucumber Dips Fresh Apples	Taco Fiesta Black Beans Carrot/Celery Dips Mixed Green Salad Fresh Oranges	Carrot/Asst. Veggie Dips Seasoned Green Beans Fresh Pear or Banana Pineapple Tidbits	Carrot/Cucumber Dips Grapes & Green Apples Peaches	Carrots/Jicama Dips Broccoli w/ Cheese Fresh Oranges Peach Mango Applesauce
The Grill	Pulled Pork Sandwich Chicken Sandwich Chips	Steakburgers Chicken Sandwich Tater Tots	Fish or Chicken Sandwich Tater Tots	Pulled Pork Sandwich Chicken Sandwich Tater Tots	Hot Dog Chicken Sandwich Chips
Pizzeria or Con Salsa	Picadillo Burrito Mexican Rice	Chicken Parmesan Italian Breadstick Mixed Green Salad	Pizza w/ Asst. Toppings Mixed Green Salad	Red Enchiladas Mexican Rice Ranchero Beans	Pizza w/ Asst. Toppings Juicy Corn

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Campus Favorite	Steak Fingers Whole Wheat Roll Mashed Potatoes	General Tso Chicken Brown Rice Stir Fry Vegetables	Spaghetti & Meat Sauce Juicy Corn	Spicy Chicken Tenders Whole Wheat Roll Mashed Potatoes	Fish Nuggets Mac & Cheese Green Beans
Fruits & Vegetables	Ranchero Beans Carrot/Cucumber Dips Fresh Apples	Carrot/Celery Dips Fresh Oranges	Carrot/Jicama Dips Fresh Pear or Banana Pineapple Tidbits	Carrot/Celery Dips 5 Vegetable Blend Grapes & Green Apple Peaches	Carrots/Asst. Veggies Fresh Oranges Peach Mango Applesauce
The Grill	Steakburger Chicken Sandwich Chips	Chicken Sandwich Tater Tots	Chicken Sandwich Tater Tots	Corn Dog Chicken Sandwich Chips	Chicken or Tuna Salad Sandwich Chips
Pizzeria or Con Salsa	Beef Tacos Mexican Rice	Mascot Tacos Mexican Rice	Stuffed Cheese Sticks Mixed Green Salad	Chicken Alfredo Mixed Green Salad	Pizza w/ Asst. Toppings Mixed Green Salad

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Campus Favorite	Chicken Nuggets Mashed Potatoes	Chicken Fajita Soft Tacos Taco Fiesta Black Beans Shredded Lettuce & Diced Tomatoes	Baked or BBQ Chicken Mashed Potatoes	General Tso Chicken Brown Rice Stir Fry Veggies	Spaghetti Meatballs w/ Noodles
Fruits & Vegetables	Carrot/Cucumber Dips Ranchero Beans Fresh Apples	Carrots/Celery Dips Grapes & Red Apple Fresh Oranges	Broccoli & Cheese Carrot/Jicama Dips Fresh Pear or Banana Pineapple Tidbits	Carrot/Cucumber Dips Grapes & Green Apple Peaches	Carrots/Jicama Dips Fresh Oranges Peach Mango Applesauce
The Grill	Steakburger Chicken Sandwich Chips	Hot Dog Chicken Sandwich Tater Tots	Pulled Pork or Fish Sandwich Tater Tots	Steakburger Chicken Sandwich Chips California Blend	Steakburger or Chicken Sandwich Chips
Pizzeria or Con Salsa	Green/ or Red Enchiladas Mexican Rice	Lasagna Roasted Purple Cauliflower	Pizza w/ Asst. Toppings Juicy Corn Mixed Green Salad	Bean Tapatias Mexican Rice Calabacitas	Pizza w/ Asst. Toppings Mixed Green Salad

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Campus Favorite	Pulled Pork Sandwich Baked Beans	General Tso Chicken Brown Rice Stir Fry Veggies	Spicy Chicken Tenders Mashed Potatoes	Spaghetti w/ Meat Sauce Juicy Corn	Tostada Supreme Taco Fiesta Black Beans
Fruits & Vegetables	Carrot/Cucumber Dips Fresh Apples	Carrot/Celery Dips Fresh Oranges	Green Beans Carrot/Jicama Dips Fresh Pear or Banana Pineapple Tidbits	Carrot/Celery Dips Mixed Green Salad Grapes & Green Apple Peaches	Peas & Carrots Carrots/Asst. Veggies Fresh Oranges Peach Mango Applesauce
The Grill	Steakburger Chicken Sandwich Chips	Patty Melt Chicken Sandwich Tater Tots	Steakburger Chicken Sandwich Chips	Corn Dog Chicken Sandwich Tater Tots	Chicken or Tuna Salad Sandwich Chips
Pizzeria or Con Salsa	Caldillo Mexican Rice Ranchero Beans	Mascot Tacos Mexican Rice Taco Fiesta Black Beans	Stuffed Cheese Sticks Mixed Green Salad	Beef Fingers Mashed Potatoes	Pizza w/ Asst. Toppings

Menus Subject to Changes

August					Week
M	T	W	T	F	
		1	2	3	
6	7	8	9	10	
13	14	15	16	17	1
20	21	22	23	24	2
27	28	29	30	31	3

September					Week
M	T	W	T	F	
3	4	5	6	7	4
10*	11*	12*	13*	14*	1
17*	18	19	20	21	2
24	25	26	27	28	3

October					Week
M	T	W	T	F	
1	2	3	4	5*	4
8	9	10	11	12	1
15*	16*	17*	18*	19*	2
22	23	24	25	26	3
29	30	31*			4

November					Week
M	T	W	T	F	
			1	2	4
5	6	7	8	9	1
12	13	14	15	16	2
19	20	21	22	23	--
26	27	28	29	30	3

December					Week
M	T	W	T	F	
3	4	5	6	7	4
10	11	12	13	14	1
17	18	19	20	21	2
24	25	26	27	28	--

January					Week
M	T	W	T	F	
	1	2	3	4	--
7	8	9	10	11	3
14	15	16*	17	18	4
21	22	23	24	25	1
28	29	30	31		2

February					Week
M	T	W	T	F	
				1*	2
4	5*	6	7	8	3
11	12	13	14	15	4
18	19	20	21	22	1
25	26	27	28		2

March					Week
M	T	W	T	F	
				1	2
4*	5*	6*	7*	8*	3
11	12	13	14	15	4
18	19	20	21	22	--
25	26	27	28	29	1

April					Week
M	T	W	T	F	
1	2	3	4	5	2
8	9	10*	11	12	3
15	16	17	18	19	4
22	23	24	25	26	1
29	30				2

May					Week
M	T	W	T	F	
		1	2	3	2
6	7	8	9	10	3
13	14	15	16	17	4
20	21	22	23	24	1
27	28	29	30	31	

*Bolded dates represent special promotions, which may include tailored menus. To view promotions, click here.