

# EPISD

## Food & Nutrition Services

### Elementary School Regular Breakfast Calendar Menu

Breakfast:  
\$1.35 Paid  
\$0.00 Reduced  
Lunch:  
\$2.10 Elementary  
\$2.40 MSHS  
\$.40 Reduced

## Breakfast Menu

Served Daily: Milk, Cold Cereal, Oatmeal  
Juice, and Fresh Fruit

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>	Grilled Cheese Sandwich	Breakfast Pizza	Breakfast Burrito	Homemade Pancakes Pork Sausage Patty	Cinnamon Roll
<b>WEEK 2</b>	Breakfast Burrito	Sausage, Egg, and Cheese Croissant	Yogurt Parfait	French Toast Sticks/ Scrambled Eggs	Coffeecake
<b>WEEK 3</b>	Chicken & Waffles	Breakfast Pizza	Yogurt Parfait	Homemade Pancakes Pork Sausage Patty	Cinnamon Roll
<b>WEEK 4</b>	Bean & Cheese Burrito	Scrambled Eggs Sausage Patty Diced Potato	Sausage, Egg, and Cheese Croissant	Peanut Butter Banana Roll	Coffeecake

## Lunch Menu

Served Daily: Fresh Fruit and Milk

Menus subject to change based on availability of menu items.

### Menus Subject to Changes

August					Week
M	T	W	T	F	
	1	2	3	4	--
7	8	9	10	11	1
14	15	16	17	18	2
21	22	23	24	25	3
28	29	30	31		4

September					Week
M	T	W	T	F	
				1	4
4	5	6	7	8	1
11	12	13	14	15	2
18	19	20	21	22	3
25	26	27	28	29	4

October					Week
M	T	W	T	F	
					--
2	3	4	5	6	--
9	10	11	12	13	1
16	17	18	19	20	2
23	24	25	26	27	3
30	31				

November					Week
M	T	W	T	F	
		1	2	3	3
6	7	8	9	10	4
13	14	15	16	17	1
20	21	22	23	24	--
27	28	29	30		2

December					Week
M	T	W	T	F	
				1	2
4	5	6	7	8	3
11	12	13	14	15	4
18	19	20	21	22	1
25	26	27	28	29	--

January					Week
M	T	W	T	F	
1	2	3	4	5	--
8	9	10	11	12	2
15	16	17	18	19	3
22	23	24	25	26	4
29	30	31			1

February					Week
M	T	W	T	F	
			1	2	1
5	6	7	8	9	2
12	13	14	15	16	3
19	20	21	22	23	4
26	27	28	29		1

March					Week
M	T	W	T	F	
				1	1
4	5	6	7	8	--
11	12	13	14	15	--
18	19	20	21	22	2
25	26	27	28	29	3

April					Week
M	T	W	T	F	
1	2	3	4	5	4
8	9	10	11	12	1
15	16	17	18	19	2
22	23	24	25	26	3
29	30				4

May					Week
M	T	W	T	F	
		1	2	3	4
6	7	8	9	10	1
13	14	15	16	17	2
20	21	22	23	24	3
27	28	29	30	31	4

June					Week
M	T	W	T	F	
					1
3	4	5	6	7	
10	11	12	13	14	
17	18	19	20	21	
24	25	26	27	28	

### WEEK 1

#### MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

<b>MAIN ENTREE</b>	Save the Planet Pizza Buttery Corn Mixed Green Salad	Steakburger Savory Fries Carrots & Celery Dippers	Aloha BBQ Drumstick Whole Wheat Roll Mashed Potatoes w/gravy Ranchero Beans	Chicken Nuggets Whole Wheat Roll Mashed Potatoes Carrots w/ Assorted Veggies	Tostada Dippers Mexican Rice Carrots/Celery
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<b>THE DELI</b>	Peanut Butter & Jelly Sandwich	Munchangles	Uncrustable Graham Crackers	Peanut Butter & Jelly Sandwich	Turkey & Cheese Sandwich
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<b>SALADS</b>	Asian Veggie Nugget Salad	Crispy Chicken Salad	Asian Chicken Salad	Chicken Caesar Salad	Tuna or Fajita Salad
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### WEEK 2

#### MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

<b>MAIN ENTREE</b>	Veggie Nuggets Whole Wheat Roll Juicy Corn Carrots w/ Assorted Veggies	Noodle & Dumplings Bowl California Blend Carrots & Celery Dippers	Hot Dog Ranch Beans Carrots & Cucumber Dippers	Chicken Tenders Whole Wheat Roll Mashed Potatoes Zucchini Spears	Pizza EatSmart Box Green Beans Fresh Broccoli w/ Cherry Tomatoes
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<b>THE DELI</b>	Peanut Butter & Jelly Sandwich	Munchangles	Turkey & Cheese Sandwich	Peanut Butter EatSmart Box	Uncrustable Graham Crackers
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<b>SALADS</b>	Veggie Nugget Salad	Crispy Chicken Salad	Asian Chicken Salad	Chicken Caesar Salad	Tuna or Fajita Salad
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### WEEK 3

#### MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

<b>MAIN ENTREE</b>	Bean Tapatias Mexican Rice Fiesta Corn	Crispy Chicken Sandwich Savory Fries Carrots & Cucumber Dippers	Pepperoni Pizza Orange Delight Carrot Coins Mixed Green Salad	Mac N' Cheese Bowl Broccoli Carrots w/ Assorted Veggies	Carne Asada Fries Refried Beans Carrots & Cucumber Dippers
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<b>THE DELI</b>	Uncrustable Graham Crackers	Munchangles	Peanut Butter EatSmart Box	Peanut Butter & Jelly Sandwich	Turkey & Cheese Sandwich
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<b>SALADS</b>	Veggie Nugget Salad	Crispy Chicken Salad	Asian Chicken Salad	Crispy Chicken Salad	Tuna or Fajita Salad
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### WEEK 4

#### MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

<b>MAIN ENTREE</b>	Save the Planet Burger French Fries Carrots & Cucumber Dippers	Beef Tacos Mexican Rice Refried Beans	Orange Chicken Bites Brown Rice Stir Fry Veggies Carrots & Jicama Dippers	Spaghetti w/ Meat sauce Garlic Knot Broccoli & Cheese Mixed Green Salad	Fish Nuggets Mac & Cheese WW Roll California Blend Carrots & Celery Dippers
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<b>THE DELI</b>	Peanut Butter & Jelly Sandwich	Uncrustable Graham Crackers	Peanut Butter EatSmart Box	Munchangles	Pizza EatSmart Box
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<b>SALADS</b>	Veggie Nugget Salad	Crispy Chicken Salad	Asian Chicken Salad	Chicken Caesar Salad	Tuna or Fajita Salad
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