

PROPOSED REVISIONS

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| PHYSICAL ACTIVITY IN MIDDLE SCHOOL | Physical activity for students in grades 6–8 is part of the school day instructional program. Students may fulfill the District’s requirement for physical activity by completing: |
| PHYSICAL EDUCATION | 1. One semester of physical education per middle school grade and a total of three semesters of a sequential physical education program matching the state standards, taught by a certified physical education teacher; and |
| HEALTH EDUCATION | 2. One semester of coordinated school health education in grade 6, one semester of coordinated school health education in grade 7, and a total of two semesters of coordinated school health matching the state standards taught by a certified health educator. The coordinated school health program shall have a physical activity component. This may be included in a campus’s health and physical education block. |
| PHYSICAL ACTIVITY | Each campus shall ensure that students receive 30 minutes per day of moderate to vigorous physical activity for a minimum of four semesters. The District may, as an alternative, require a student enrolled in a grade level for which the District uses block scheduling to participate in moderate or vigorous physical activity for at least 225 minutes during each period of two school weeks [see EHAC(LEGAL)]. |