

ATHLETICS

EL PASO ISD it starts with us

High School Coach Handbook

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Guidelines for Middle School Visits

High school coaches may only visit the middle schools in their school's feeder pattern. High school coaches have unlimited access to their sole feeder middle schools.

If a middle school has students that feed into more than one high school the following steps should be taken when the high school coach sets up a visit:

- Set up visits with the middle school athletes through the middle school principal.
- Coaches may only set up presentations for students who live in their attendance zone. Have announcements, fliers, etc. specifically saying you will be there to speak to students attending your high school.
- Coaches may not give a presentation about their specific program to the entire student body.
- Coaches may attend practices and games at middle schools in their feeder pattern. When addressing the athletes, coaches may only encourage athletes to continue in athletics and or congratulate athletes on the outcome of the game.

Magnet school coaches must follow all the same guidelines as other schools with the following exceptions:

- Magnet school coaches may set up visits on their high school campus for students outside their attendance zone who are enrolled and on their roster for the next year.
- Coaches may not visit these students outside their attendance zone on a middle school campus.
- Once students are enrolled in a magnet school, the high school coaches may give those students information about their programs or make phone contact as they would for any of their athletes.

Recruiting is a UIL violation.

High School PE and Health Teachers

- 1. All physical education and health teachers at the high schools must have and maintain a high school coaching assignment.
- Physical education and health teachers at high schools who resign or are removed from their coaching assignments and no longer meet the above requirements will be reassigned.
- Reassigned to a teaching position on the same campus based on certification or reassigned to a teaching position per certification and administration guidelines to a middle or elementary school.

The above circumstances supersede seniority, as per DK (Regulation).

High School Athletic Coaches

- 1. It is recommended that high school assistant coaches be assigned two coaching positions.
- 2. It is recommended that the high school head coaches of football, basketball, volleyball, and the football coordinators only hold one coaching position.

The Campus Principal and Director of Athletics will have the final decision-making authority on all the above recommendations.

High School Head Coaching Positions

Vacancies for head coaching positions will be posted online under "Coaching Vacancies" on the athletics website and will list the needed qualifications. Applicants must submit a completed application to human resources before the deadline. The principal will form a committee, which will include a representative from the Department of Athletics to interview the applicants. The committee's recommendations will be submitted to human resources for final approval.

High School Assistant Coaching Positions

Assistant high school coaching positions do not have to be advertised but should be posted as vacant on the school's online coaching list. Applicants will be interviewed and recommended by the head coach in need. The CAC, Principal, and Director of Athletics will have final approval on new hires. Once the applicant is approved the CAC will submit a Human Resources Athletics Add Request through the www.myepisd.org webpage.

Evaluation of Coaches

All coach evaluation forms can be found and downloaded from the athletics webpage. All assistant coach evaluations will be completed by the head coach of each sport. All head coach evaluations will be completed by the CAC or campus administration. All completed coaching evaluations will be shared with the campus secretary and the athletic department.

Coaching Assignments

Coaching assignments are supplemental duty assignments and are not part of an employee's regular employment contract with the district. There is no property right to continue this assignment as per Policy DK (Local).

Number of Coaches High School

Each high school is allowed the following number of coaches per sport:

******Additional coaches for team sports may be approved by the Athletic Director.

Football (9) 1 Head Varsity 2 Coordinators (2 Co-Coordinators) 6 Assistant Varsity ** 2 Assistant Varsity

Volleyball (4) 1 Head Varsity 3 Assistant Varsity

Basketball (6)

Boys Head Varsity
Boys Assistant Varsity
Girls Head Varsity
Girls Assistant Varsity

Tennis (2) 1 Head Varsity *1 Assistant Varsity

Trainers (2)

Track (6) 1 Boys Head Varsity 2 Boys Assistant Varsity 1 Girls Head Varsity 2 Girls Assistant Varsity

Baseball (3) 1 Head Varsity 2 Assistant Varsity

Soccer (4) 1 Boys Head Varsity 1 Boys Assistant Varsity *1 Second Assistant 1 Girls Head Varsity 1 Girls Assistant *1 Second Assistant

Softball (2) 1 Head Varsity 1 Assistant Varsity *1 Second Assistant **Cross Country (2)** 1 Boys and Girls Head Varsity 1 Assistant Varsity

Golf (2) 1 Boys Head Varsity 1 Girls Head Varsity

Swimming (2) 1 Boys & Girls Head Varsity 1 Assistant Varsity * 1 Second Assistant

Wrestling (2) 1 Head Varsity *2 Assistant Varsity

or 1 Girls and 1 Boys Head *1 Assistant Varsity

Volunteer Coaches

Volunteer coaches may assist in coaching a sport. The volunteer must adhere to all coaching position regulations. A completed Volunteer Form must be sent to the Department of Athletics. Volunteer coaches will not be compensated or covered under the district workman's compensation or insurance for assisting in a sport and must adhere to the following:

- 1. Must be a full-time certified teacher employed by EPISD.
- 2. May not be an hourly employee or substitute.
- 3. Must complete all UIL and EPISD certifications and requirements of an assistant coach.
- 4. Must be approved by the campus principal.
- 5. Must complete the volunteer coach approval form and submit it to the Director of Athletics before assisting each year.
- 6. May not sign off on any UIL or EPISD forms.
- 7. May attend games and assist the head coach.
- 8. May not confront officials, parents, or other coaches.
- 9. Must adhere to out-of-town travel guidelines as outlined in the athletic handbook.
- 10. Must have a school coach present at all practices and games.

Budget Requests

The head coach of each sport is sent a Budget Request Packet. The budget packet is to be completed and returned to the athletic office by the requested date. Coaches should request all equipment needed for the following year within the budget allotment. All budget requests must be signed by the CAC and the campus principal. The program's inventory must be on Rank One.

Equipment requested on the individual budget is charged and delivered as soon as it is received.

The person at the school receiving the delivery must count and ensure that the number of items being delivered is correct before signing the Warehouse Requisition form. The school accepts full responsibility for the equipment after the delivery. Upon receipt, all equipment received must be logged onto the coach's inventory list in Rank One.

Equipment in the warehouse can be obtained by sending a Warehouse Materials and Supplies Requisition to the athletic office. The list of athletic stock equipment and the catalog number and prices are found on the warehouse services website. Please be sure to put down the item number, description, unit, unit cost, and running total when ordering equipment.

*All equipment must be purchased through BSN unless given written permission by the athletics department.

Emergency Equipment Procedure

There are times when coaches must have equipment from the warehouse because an emergency circumstance arises. The following procedure will be used:

- The coach will contact the athletic office concerning the equipment needed. The athletic office will prepare and approve the Warehouse Materials and Supplies Requisition form.
- The athletic office will requisition the equipment from the warehouse and place it on a will call. The athletic office will coordinate the pickup of the equipment with the coach.
- This procedure will be used in emergencies only. All other equipment must be ordered through the regular procedure.

Athletic Inventory

Athletic equipment and materials shall be inventoried each year by the head coach of each sport. An inventory must be kept current on Rank One.

- Athletic inventory is the responsibility of each sport's head coach.
- All items purchased or donated to the school must be recorded in the coach's inventory upon receipt of such items.
- The surplus of athletic supplies must be documented on the coach's inventory sheet in Rank One.

Disposal and Surplus of Athletic and Training Equipment

The following procedures will be used:

- Coaches and trainers will not dispose of any surplus equipment.
- Request a property transfer form and list of all equipment that is surplus.
- Send the complete list to the athletic office.
- The coach will be notified of the equipment pick-up date.
- The equipment will be sold through surplus sales.

Surplus sales will be listed on the EPISD website.

Officials

The EI Paso Independent School District uses officials from the following local TASO/UIL officials' associations:

- EI Paso Baseball Officials' Association
- EI Paso Soccer Officials' Association
- EI Paso Football Officials' Association
- EI Paso Basketball Officials' Association
- EI Paso Volleyball Officials' Association
- Greater EI Paso Wrestling Officials' Association
- El Paso Softball Umpires Association

Interpretation, problems, or questions regarding officials or officiating will be addressed to the director of athletics.

Arbiter Game Steps to Approve Officials

Coaches and CACs have permission to approve officials in Arbiter Game. Approvals must be completed no later than noon the next business day. We cannot pay the officials without your approval.

1. Before the game:

- Collect vouchers from the officials.
- Vouchers must be **<u>signed by each official.</u>**
- **<u>Do not</u>** approve an official without a signed voucher.

2. After the game: Home teams only.

• The Head Coach will approve the officials by verifying the names on the voucher to match the names in the Arbiter Game

3. <u>Approval of Officials:</u>

- In Arbiter Game click on the payments tab.
- Find the game you just played.
- Click **approve** and your name should populate.
- Only the home team approves the officials.

4. <u>Vouchers:</u>

- Keep a file with all signed and dated vouchers.
- At the end of your season, you are to provide them to your CAC.
- Your CAC could be asked to produce these vouchers for auditing purposes at any given time.

-DO NOT MAKE ANY CHANGES IN ARBITER GAME. THIS INCLUDES ANY SCHEDULE CHANGES WE MAY SEND YOU. THE OFFICIAL'S ASSOCIATION TAKES CARE OF THIS WHEN WE SEND THE CHANGES.

-COACHES ARE NOT TO APPROVE AN OFFICIAL WITHOUT A SIGNED VOUCHER!

Parent Orientation Meeting

The head coach of each sport will hold a yearly parent orientation meeting before the first competition. One parent must be present per athlete. The sign-in sheet should list each athlete, a parent's signature, and the meeting date. This list must be kept on file by the CAC. An athlete may not compete unless a parent has attended the parent orientation meeting for each sport the athlete participates in. Parent orientation meetings must cover parent expectations, spectator expectations, PAPF, boosters, lettering standards, team rules, practices, game schedules, player contracts, playing time, and NCAA clearing house.

Parent Expectations

Please refer to the UIL Parent Handbook: https://www.uiltexas.org/files/athletics/manuals/Parent_Info_Handbook_22-23.pdf

Student-Athlete Athletic Scholarships Signings

- Signing may be set up by the head coach of each sport for student-athletes receiving athletic scholarships to participate in athletics at university /college.
- Signing will be done by the head coach through the CAC, SAM, and with the principal's approval.
- The head coach will secure the facility, date, and time and notify local media after securing principal approval.
- The head coach will ensure all individuals are clear on the scholarship being offered.
- The head coach will invite attendees and ensure <u>no club coaches are involved</u>.

Release Time for Scouting

A maximum of two coaches from any high school will be allowed on out-of-town trips to scout football games when school time is involved. Two scouts will be allowed for football playoff games and one for basketball, volleyball, baseball, and softball. When scouting trips require a coach to be absent from teaching duties, a substitute will be allowed as determined by the director of athletics. Athletics will fund scouting trips per week as follows: Football \$250 Other \$150

Hazing

Involves any knowing, intentional, or reckless act, occurring on or off the campus, by one person alone or acting with others, directed against a student, that endangers the mental or physical health or safety of a student for pledging, initiation into, affiliation with, holding office in, or maintaining membership in an organization. The act may include but not be limited to subjecting other students to indignity, humiliation, intimidation, physical abuse, the threat of abuse, social or other ostracism, shame, or disgrace. (As defined by the EPISD student code of conduct)

Hazing has no place in athletics.

- Coaches will discourage any form of hazing.
- Coaches who may have knowledge or suspicion of hazing should report it immediately to campus administration.
- Students should report any incident of hazing to their coaches or administration.
- Parents should report any incident of hazing to their coaches or school administration.

STUDENTS WHO ARE RESPONSIBLE FOR ANY ASPECT OF HAZING WILL BE SUBJECT TO PENALTIES OUTLINED IN THE STUDENT CODE OF CONDUCT.

More information may be found in the Texas Education Code on the TEA website. (Texas Education Code SUBCHAPTER F. HAZING 37.151)

Summer Camps

Area summer school camps may be offered to students by the high school and middle school coaches. Coaches may run these camps either as a fundraiser, (students pay a registration fee or the funds are placed into the school's sports campus account), or as a **Free Camp**, (where no registration fee is charged).

In either camp situation, the coaches will not receive extra compensation for working at the camp.

The guidelines for operating a sports camp as a fundraiser are as follows:

- Camp must comply with all UIL regulations.
- Camp may only run for six consecutive days.
- Camp must be held after the last day of school before the second Monday in August.
- Camps are restricted to one camp per sport per school.
- A properly approved fundraiser application must be on file before the camp begins.
- All funds generated from the camp will be handled in compliance with the guidelines illustrated in the Campus Accounting Manual.
- The registration fee for the camp may not exceed **thirty dollars.** (<u>May charge</u> <u>Forty dollars when giving T-shirt</u>)
- Students on free and reduced lunch will have registration fees waived.

The guidelines for operating a sports camp as a free camp are as follows:

- Camp must comply with all UIL regulations.
- Camp may only run for six consecutive days.
- All students will be admitted without a registration fee.
- Camp must be held after the last day of school and end before the second Monday in August.
- A properly approved Facility Use Form must be on file before the camp begins.
- Camps are restricted to one camp per sport per school.

The guidelines for having a third party operate a summer camp on your campus are as follows:

- Camp must comply with all UIL regulations.
- A properly approved Facility Use Form must be on file before the camp begins.

The Facility Use Form must list the organization as the one using the facility and be signed by the organization representative.

District Rules and Procedures

Sportsmanship

Our schools will take whatever steps necessary to ensure that coaches and athletes are committed to the principles of ethics and sportsmanship as ground rules governing the pursuit of victory.

- It is the responsibility of the coach to demonstrate and develop good character amongst players. This standard will never be subordinate to the desire to win.
- It is never appropriate to act unethically to win.
- Any degrading or demeaning action toward an opponent will not be tolerated.

Game Celebrations and Trophy Presentations

- Only the home team may celebrate at center court, field, mound, etc. Visiting teams are restricted from celebrating on their side of the playing area. All celebrations should still be done in a sportsmanlike fashion.
- All teams will shake hands immediately following the game with the coaches supervising.
- The visiting team is to exit the playing event as soon as possible after the game.
- A trophy from the athletic department will be presented during the last home game whenever possible. If the last game of the season is needed to determine the district champion the trophy will be presented at that time home or away.

Ejections

- Any coach who is ejected from a contest must notify the CAC and school administration and will be required to appear in the DEC.
- Coaches who are ejected from a contest will be suspended for a minimum of one additional contest and must complete all UIL requirements.
- Any athlete ejection must be presented in the next DEC by the head coach and school administration of the program involved. Exception two yellows in Soccer

All-District Selection

- The All-District selection meeting for all sports will be held on the Wednesday after District Certification for team sports such as football, volleyball, basketball, baseball, softball, and soccer. The meeting will be scheduled for 9:00 a.m. at EPISD central office. Meeting dates, times, and sites will be posted online.
- The director of athletics will arrange and send a notification of the meeting to all coaches.
- The campus is responsible for paying for a ¹/₂ day substitute for the head coach and all assistant coaches must take personal leave.

All-District Academic

Coaches may recommend varsity players for All-District Academic certificates who earn at least a 90% or a 3.5 GPA.

- Head coaches will complete the spreadsheet provided by the athletic department and email it to the CAC before the sport's due date.
- CAC will combine the spreadsheets and then email them to the athletic department before the due date.
- Sports and due dates will be posted on the EPISD athletic webpage.

Awards

The Big Ball or Glove trophy will be awarded to the team sports champions. The Victory Cup Trophy will be awarded to individual sports champions. If there is a tie for the championship, the teams will be declared Co-Champions and trophies will be awarded to all teams.

Band Chaperones

The number of chaperones and equipment personnel for each band (including auxiliary groups) will be limited to 20 individuals per school.

Official chaperone badges will be issued to all schools.

Any volunteers that exceed the number of passes given to a high school will need to purchase tickets to be admitted to the activity.

Stadium managers will make sure these guidelines are enforced.

UIL Eligibility Forms

Varsity team and individual sports UIL eligibility forms must be submitted and approved online through the UIL portal.

Team sport and individual sport eligibility forms must be submitted and approved before the first contest.

Sub-varsity eligibility forms will be assessed through rank one by the athletic office as needed.

El Paso Athletic Hall of Fame

Each campus may submit a resume and nominate an outstanding male and an outstanding female athlete.

Resumes will be due when requested.

Honorees will be recognized at the May banquet.

Noisemakers

Schools will follow UIL Rules for Gymnasiums and Fieldhouses.

Artificial noisemakers are prohibited in gymnasiums and outdoor facilities.

Additionally, devices that are disruptive, dangerous, and/or detract from the game are prohibited.

To include but not limited to musical instruments when not used by a school band.

Passes

100 Athletic Passes will be given to each high school principal and each athletic department.

10 Media Passes will be given to each high school principal.

20 Band Chaperone Passes

10 sideline passes will be issued to each school.

Postponements

UIL guidelines will be followed to make up varsity contests. If sub-varsity games are not played, they will not be rescheduled. Exception: Football when the game can be rescheduled for the same week.

Previous Athletic Participation Forms (PAPFs)

Forms are to be filled out online through the UIL portal for all athletes upon enrollment. A notation should be made if an athlete will serve 365 days for varsity competition.

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- Magnet Schools must indicate so in both sending and receiving students.
- DEC hearings are only mandatory if question #6 is marked "yes" moving for athletic purposes.
- Any DEC member may request a hearing for any other "yes" answers.
- Follow PAPF Hearing Procedures from the UIL

GENERAL INFORMATION - SPORTS

All sports will follow NFHS, NCAA (football only), USGA (golf only) USTA (tennis only) rules with UIL modifications.

TASO/UIL officials will be used.

Cheerleaders

<u>High School – Athletics will fund the state competition every other year. (5 each year) Squads may</u> choose to self-fund for the state competition in their off-year.

Cheerleading squads are under the sponsorship of a cheerleading coach. The student activities manager supervises this position. The coach assumes responsibility for practices, training, scheduled events, discipline, etc. The coach must be a certified employee of the district. Employees who serve as sponsors of extracurricular activities that are sponsored or sanctioned by the District or UIL must maintain and submit to the district proof of current certification in first aid and CPR.

• Mascots

A school mascot is permitted. It must be approved and under the control of the campus administration. The school must design and provide the costume for the mascot.

• Membership/Squad Limits

Cheerleading squads shall not exceed 45 members. The number of squads is determined by the individual school but may not exceed two per school.

• Stunting

Effective school year 2001-02, cheerleader stunting shall be allowed. Schools that choose to allow students to perform stunts are subject to the safety guidelines endorsed by the American Association of Cheerleading.

• Sponsorship

Each cheerleading squad is placed under the direction of a knowledgeable, trained coach. The coach must attend all practices and functions.

• Uniforms/Equipment

The school may require cheerleaders to provide their uniforms.

Each school must establish the style and maximum cost of uniforms for each squad. No more than two uniforms per cheerleader are allowed. Fundraising projects may be used to offset the cost of all cheerleading related equipment and activities. All monies raised must be deposited in a school account and may be used only for cheerleading related equipment and activities.

Each cheerleader is responsible for the maintenance of the uniform(s) and equipment. The coach designates the uniform required for each event. Cheerleading uniforms are to be worn for school or school-related events only. Small children are not allowed to participate in the squads.

• Transportation

The coach will ensure that transportation is available to and from the home school when a squad is assigned to "away" activities.

Parents may provide transportation for the squad; however, each student must have written parent permission to use the arranged transportation approved by the coach and principal.

Cheerleading squads may use school bus transportation assigned to transport athletic teams; however, they must be accompanied on the bus by the coach.

One squad is assigned to an indoor event, and no more than two squads to an outdoor event.

• Out-of-Town Events

Principal permission is required for cheerleading squads to participate in out-of-town events.

Cheerleading Camp Attendance at summer cheerleading camps is customary and recommended. Funds may be raised for this purpose.

• TEA/UIL Eligibility

Cheerleaders must meet TEA/UIL credit requirements at the beginning of the fall semester and meet all TEA/UIL eligibility requirements throughout the cheerleading calendar year. Failure to do so will result in suspension from all cheerleading activities, including wearing the uniform. Cheerleaders who are ineligible for two grading periods during the cheerleading calendar year will be removed from the squad.

• Requirements

Before the beginning of the tryout workshop, the following paperwork must be on file with the coach:

- 1. a signed parent permission slip,
- 2. a completed emergency card, and
- 3. a current physical examination form (must be renewed annually).

A cheerleading candidate must be enrolled as a full-time student at the school. According to TEA rules, as of July 1995, an ineligible student may be allowed to participate in a one-day tryout performance. Each campus reserves the right to have additional criteria for eligibility and participation.

TEAM SPORTS

<u>Stadium Lights</u> — Administrative Regulation

- Stadium light use is limited to the following:
- Scheduled athletics contests by the athletic office
- Spring football game
- Preseason football scrimmage (one)
- Football practice after the time changes from 5:00 p.m. to 6:00 p.m. when needed.
- During Soccer season principals may approve stadium lighting from 5:30 am to 6:30 am and 5:00 pm to 6:00 pm as needed
- Use of stadium lighting other than that listed above must have prior approval by the principal, athletics, and facilities.
- Baseball/Softball Mondays only **5:45 PM-7:00 PM** outside of scheduled games

Baseball

- The official baseball is the Diamond D-1.
- Two umpires will be used for each varsity competition.
- For varsity competitions, coaches and administrators must agree to play or reschedule if only one official shows up. All other levels must play the game.
- JV/Developmental games will have a two-hour, drop dead, time limit.

Pitch Count

- Click on pitch count then to enter a student for the first time in the bottom right click Add Pitch Entry
- In the Athlete box begin to type the athlete's name, a drop-down list will appear, and you can select the student's name from the list.
- In the sport box, type Baseball, and a drop-down list of the team levels will appear. Select the team that the Athlete was pitching for that game.
- Enter the date and opponent.
- Type in the # of Pitches, select if they are RHP or LHP, and enter their jersey #. If they go over the maximum number of pitches allowed by the UIL the Over Limit Reason will appear and the only option is "Finished Batter".
- Select Save
- To enter a subsequent count for the same pitcher on a different day, select the student's name from the pitch count overview screen, and then in the bottom right select Add Pitch Entry.
- The student's name and information will be populated when the pitch entry box opens. Then enter/change what is needed and save.

Note all UIL Pitch count rules have been entered into the system and will show Red Circles with a Line for the days that the pitcher is not allowed to pitch.

<u>Basketball</u>

- The official game ball is a top-grade leather or composite basketball and is provided by the home team.
- One photographer from each school will be allowed on the floor during a game.
- Varsity, JV, and 9th teams will wear white jerseys for home games.
- All signs must be approved by the campus administration.
- Boys and Girls teams will play a double round-robin schedule.
- There will be a 15-minute warm-up time before the varsity game.
- There will be a 10-minute warm-up time before the sub-varsity game.

<u>Football</u>

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General Responsibilities

Member schools make every effort to foster good and pleasant relations between schools. The home team is responsible for keeping and maintaining order. It shall be the responsibility of the host school (Game Administrator) to initiate corrective measures at all District football games to prevent unusual disturbances from individuals or groups.

- The playing field is to be kept clear for 90 minutes for players to warm up.
- Both teams will clear the field 20 minutes before the game.
 - The Game Administrator will ensure that every effort is made to start the game on time. THURSDAY FRIDAY
 - 6:10 6:40 TEAMS CLEAR THE FIELD

- 6:22 6:52 PRESENTATIONS/EXCHANGES OF GIFTS
- 6:25 6:55 ANTHEM

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- 6:27 6:57 OFFICIAL COIN FLIP
- All member schools shall adhere to the UIL Athletic Code.
- All concessions including radio and television rights, game programs, etc., will belong to the home team. Each school may designate one home radio station to broadcast any or all games in which it is involved as provided in the General Policies.
- The home school will provide appropriate medical aid when needed.
- In each District game 7 TASO/UIL officials will be used.
- All officials must be agreed upon by opposing coaches.
- The official ball is a leather football in a natural tan color with two white stripes.
- The offensive team provides the game balls.
- Officials will be assigned for varsity and junior varsity games.
- The home team will wear dark jerseys and the visiting team will wear light jerseys for varsity and sub-varsity play.
- Coaches should contact non-district opponents regarding jersey colors.
- A varsity game has 12-minute quarters.
- A JV and Freshman game has 10-minute quarters and a 10-minute halftime.
- All varsity games ending in a tie following regulation play will follow NCAA tiebreaking procedures to determine a winner.
- Band members, majorettes, twirlers, and cheerleaders in uniform will be admitted to games while their team is playing.
- Varsity football games will start at 7:00 p.m. on Friday and 6:30 p.m. on Thursday. For district games, the halftime will be 20 minutes and the home band with auxiliary groups will perform for a maximum of 15 minutes.
- The visiting band will perform pre-game. A pre-game gift exchange can be conducted as soon as the visiting band clears the field.
- Special events for halftime will be approved by the athletic department and be a maximum of 28 minutes.
- Blackouts are not permitted at football games.
- The home team will play the National Anthem at a time that will not interfere with the start of the game.
- Goalposts will be solid white or yellow and undecorated.
- The individual schools will be responsible for their concessions.
- Only the director of athletics may grant contracts to stations desiring to broadcast games.

Football Video Regulations

- The picture must cover a minimum of 15 yards and no more than 20 yards from the last offensive player downfield through the defense.
- Scan from the down/distance markers to the lineup before play.
- Flash the scoreboard between each scoring play.
- Start before the snap.

- Show the scoreboard on the change of possession.
- The game must be filmed as played.
- Teams will trade the film of the previous three games and provide a wide and tight version. Two previous games by Wednesday by 4 PM and the third game on Saturday by 8 AM.

Spirit Guidelines

- No victory lines other than uniformed school groups will be allowed on the playing field. Non-students must remain outside the end zone.
- Unauthorized students should not go on the playing field before, during games, or at halftime.
- Halftime shows will be limited to uniform groups bands and drill teams.
- Flags and mechanical mascots may not be displayed in front of visiting stands.
- Each school may have run-through signs which may be used only at the beginning of games and at the beginning of the second half.

Other Provisions

- During a football game, anyone on the sidelines must remain outside the 25-yard line and the extended team area.
- Football Coaches and players will stay within a 25-yard restraining line.
- Tunnel crews are required to sit in the stands during the game and will be allowed on the field only to set up and take down the tunnel at the start of the game and the start of the 3rd quarter. After the team has run through the tunnel, crews will have 10 minutes to pack up and return to the stands.
- No media personnel or equipment shall be in the team area (NCAA football rules and interpretations).
- Media representing a particular school are limited to their school's designated sideline. (NCAA football)

<u>Softball</u>

- The official ball will be NFHS and UIL-approved.
- The home team will provide an official scorer.
- Two umpires will be used for each varsity competition.
- For varsity competitions, coaches and administrators must agree to play or reschedule if only one official shows up. All other levels must play the game.
- JV/Developmental games will have a two-hour, drop dead, time limit.

Soccer

<u>1-6A Varsity Soccer Scoring System</u>

• A varsity district game tied at the end of regulation will go to penalty kicks.

Scoring System

- A) Games won at the end of regulation = 3 points
- B) Games won in penalty kicks = 2 points
- C) Games lost in penalty kicks = 1 point
- D) Games lost in regulation = 0 points
- Ties will revert to the team tie-break procedures if points do not indicate a clear winner.

<u>Varsity</u>

- Will play a district double round-robin.
- Teams will adhere to UIL rules.
- The official ball shall comply with UIL and National Federation playing rules.
- All teams will play a double round to determine the 1AAAAA Boys and Girls
- Soccer Tournament games can be limited to 30-minute halves with a ten-minute halftime.
- A tied varsity district game at the end of regulation will go to penalty kicks.
- Games will be played on Tuesdays and Fridays or Wednesdays and Saturdays unless facilities will not allow it.
- Games will be two 40-minute halves.

Junior Varsity

- Games ending in a tie will not have penalty kicks (games will be recorded as a tie)
- Games will be played on the same night as the varsity.
- Games will consist of two 35-minute halves.

Developmental Soccer

- Developmental soccer will be played in two 25-minute halves with a 10-minute half.
- Games ending in a tie will remain a tie.

Volleyball

- Timers and scorers will be adults.
- The official ball will be a regular red/white/blue leather volleyball provided by the home team.
- Game times will be scheduled and posted on the district website.
- The team will use Rally Score. The varsity team will play the best of 5 games.
- Junior varsity and 9th grade will play the best of 3 games.

Individual Sports

District Tournaments

- Will have a meet referee to handle official rulings.
- Will have a meet director (Administrative Duties)
- Will form a Games Committee (Appointed and approved by the coaches before competition)
- Violation must be brought forth by coaches, administrators, or officials in writing within ten minutes of the alleged violation.

- Referee rules on the alleged violation.
- Appeals of the referee's decision must be made in writing to the meeting referee. The meet referee will turn the appeal over to the Games Committee for a ruling. (Ruling must be appealable.)
- The Games Committee's decisions are final.

Cross Country

- The varsity championship will consist of a boys and girls division.
- The sub-varsity championship will consist of 9th and open divisions.
- All entries are due on the date announced by the meet director.
- All team members will adhere to UIL uniform rules.
- Seniors may compete in the Open Division if there is a complete varsity team.

<u>Golf</u>

Each school will provide at least three monitors for the District Tournament. The campuses will pay for the substitutes if required.

Swimming

- The top six qualifiers advance to the regional competition.
- District teams may have junior varsity swimmers compete in four junior varsity events at a varsity meet.
- The four events are 50 freestyle, 50 butterfly, 50 breaststroke, and 50 backstroke.
- A swimmer can compete in junior varsity or varsity at a meet, but not in both divisions at the same meet.

Spring Tennis District Play

- District play will consist of a single round-robin and a district tournament.
- Round-robin play is for seeding purposes for the district tournament.

Round-Robin

- Head-to-head play first. Scoring 2 out of 3 with add
- One's play Two's second and must play. Scoring –2 out of 3 w/add
- If the match cannot be completed due to darkness and one coach wants to complete the match for seeding purposes, the match will be moved to a facility with lights. If the opposing coach does not want to move to complete the match, that team will forfeit the incomplete match. The coach will initial on the score sheet verifying the forfeit.

District Tournament

Seeding

Athletes may be nominated by any coach in the district. Athletes must have competed in four of the spring district matches to be seeded. If an athlete does not compete in a minimum of three matches, he/she may be seeded with a unanimous vote. (Those schools involved may not vote.)

<u>Criteria</u>

- Head-to-head (Spring)
- Head-to-head (Fall)
- District Round Robin record Most wins (ones vs ones)
- Coaches vote

<u>Tournament Bracket</u>

#1 and #2 seeds will be placed in a bracket. A coin flip will determine the 3^{rd} and 4^{th} seed placement in the bracket.

Protests

Protests to the tournament bracket must be in writing and received in the athletic office by 10:00 AM the day after the seeding meeting.

Substitutions

Substitutes must be listed as an alternate on the entry sheet. Substitutions will be allowed before the tournament begins for:

- ineligible player
- disciplinary reasons
- injury/illness
- no show

Team Scoring

- 1st Place: 10 pts
- 2nd Place: 8 pts
- 3rd Place: 6 pts
- 4th Place: 4 pts

All other players will receive 1 pt. for each match won. A player with a first-round bye and who doesn't place in the top 4 will receive 1 pt. for the bye. If playback is needed, the winner will receive the 2nd Place points and will be the 2nd Place medalist.

Mixed doubles points will be split between the boys and girls and added to their respective team scores.

Team Tennis District Play

- District Play will consist of a single Round Robin
- Tiebreaker procedures:
 - 1st. Head-to-Head
 - 2nd. Count matches between schools involved.
 - 3rd. Count sets between schools involved.
 - 4th. Counts games between schools involved.
 - 5th. Use a football tiebreaker system.

Round-Robin Play

- Coaches will turn in a ladder before beginning round-robin play for each team. (All players listed must be eligible and able to participate at the time ladders are turned in, to include alternates)
- A district match will begin fifteen minutes after the visiting team arrives on site.
- When a team reaches ten points, they will be declared the winner (all matches must be played or forfeited)
- Players may not move on the ladder during the entire round-robin play.
- If a team gains a new player, including an injury or ineligible player not listed on the ladder, ladders will be re-ranked to reflect proper strength order and submitted to the athletic office immediately.
- Substitutions: <u>Singles</u> All players lower in the line-up move up to fill the vacant spot and the alternate becomes the #6 player. A player removed as a substitution may return to the line-up for the next team match, but only to the position vacated. All other players will return to their original positions.
- <u>Doubles/Mixed doubles</u>: In round-robin play, if a coach substitutes for one member due to injury, grades, illness, discipline, etc., teams will be re-ranked according to the strength for that day/match. The teams may only be moved to one spot from the original ladder order. If both members are replaced, the lower teams move up and the alternate pair becomes the #3 team.
- Substitutions are allowed for any reason.
- Teams with only 6 players: If a team has only 6 players and a player gets hurt playing doubles and is unable to play singles, you do not have to move other singles players up the ladder to fill the vacancy. You will forfeit the singles position of the injured player. You do not have the option to choose where you want the loss. If a player is not there at all, all players must move up to fill the vacancy at the beginning of the match.

General Rules for Round-Robin

- Match times will begin at 3:30 p.m. (follow USTA guidelines)
- Teams will be allowed a 10-minute warm-up with the opposing team following their arrival at the playing site.
- The start of the match is determined by the first official serve.
- Scoring:
- No advantage scoring will be used for doubles, mixed doubles, and singles.
- Matches will be the best 2 out of 3 sets with a 12-point tiebreaker at 6 games in each set.

- Doubles matches will be best 2 of 3, with a "Super Tiebreaker" (10 points) being played in place of the 3rd set if the teams split sets.
- Doubles will be played first, followed by singles, starting with the highest position available.
- After the first service in each match in doubles, no substitutions may be made.
- After the first service in every single match, no substitutions may be made in that match or for a player in a higher position on the ladder. If a player in a higher position becomes injured or ill, you must default on that player's match. (See substitution rule)
- A minimum 10-minute break will be allowed between doubles and singles.
- Matches postponed due to weather will continue from the point of suspension on the next available playing date, other than Sunday, on which another district match is not scheduled.
- A weekday match, not determined by a minimum of 10 wins before darkness, will be moved to a site with lights or will be finished on Friday after school or Saturday afternoon. Coaches will determine the day and time based on the tennis schedule of athletes' commitments to other school activities.
- Athletes shall be given a sportsmanship warning by their coach before the match. Any misconduct starts the penalty point system of 1^{st} offense = point, 2^{nd} = game, 3^{rd} = match. Report any problems to the player's coach.
- The home team will provide balls and water. Visitors will bring their cups.
- No forfeits may be declared due to EPISD transportation problems. A late team will be given adequate warm-up time (individuals providing their transportation are subject to all-time requirements).
- Protests for stacking line-ups and /or unethical practices will be reported to the athletic office for investigation. Protests must be made no later than the day following the match in question. The penalty, if determined a violation has occurred, will be forfeiture of the entire team match.
- All scheduling adjustments will be made through the athletic office.
- Team tennis uniforms must be school-issued and appropriate. Shorts and shirts must be the color/style for all players.
- All coaches will report scores to the athletic office the first school day following the match.

<u>Track</u>

- Running events will be seeded from fastest to slowest in lanes 4-5-3-6-2-7-1-8.
- If there are more than 16 entries in either the 1600 or 3200, then the Arizona Type Start Format will be used. In this format, the top ten runners with the best seed times will be placed in lanes: 1st in 4A, 2nd in 5A, 3rd in 6A, 4th in 7A, 5th in 8A, 6th in 8B, 7th in 7B, 8th in 6B, 9th in 5B and 10th in 4B on the Half Stagger. These runners will run in their lanes until the break line. All other runners will line up in the bullpen for a waterfall start.
- All horizontal jumps and throws will consist of three preliminary attempts with the top eight competitors advancing to three additional attempts in the finals.
- Pole verification forms will be required for all competitors.
- One alternate may be listed on the entry form for each event.

- Relay entries will be submitted in race order on the entry form.
- Relay cards will be used on race day to indicate any changes.
- District seeding marks will be based on actual season results for the varsity division.
- The uniform rule will be followed with the exception allowed for sub-varsity throwers who may wear school/team-issued t-shirts and shorts for competition.
- A competitor in the junior varsity division will not score in an individual event or relay if there is no varsity competitor in the same event who competes.
- Ribbons and soft hair bands are okay for competition.
- Foul language is unacceptable as is unsportsmanlike conduct. Either can result in disqualification from the event with all marks being removed.

Wrestling